

# ISI | 2009

## LAKE PLACID

### CHAMPIONSHIPS

COMPETITION SCHEDULE FOR 1980 RINK  
 FRIDAY JANUARY 16, 2009 PUBLISHED JAN.10, 2009

8:15am	<i>PRACTICE</i>		
8:45am	<i>RESURFACE</i>		
9:00am	Freestyle 1 Freestyle 1	Female 7-8 Years Female 9 Years	Event 1 Event 2
9:32am	Freestyle 1 Freestyle 1	Female 10 Years Female 11 Years	Event 3 Event 4
10:05am	Freestyle 1 Freestyle 1	Female 12-14 Years Female 15-18 Years	Event 5 Event 6
10:27am	Freestyle 2 Freestyle 2	Female 7-8 Years Female 9-10 Years	Event 7 Event 8
10:50am	Freestyle 2 Freestyle 2	Female 11-12 Years Female 15 Years	Event 9 Event 10
11:20am	<i>PRACTICE</i>		
11:50am	<i>RESURFACE</i>		
12:05pm	Freestyle 3 Freestyle 3	Female 6-7 Years Female 9-10 Years	Event 11 Event 12
12:32pm	Freestyle 3 Freestyle 3	Female 11-12 Years Female 13-14 Years	Event 13 Event 14
1:07pm	Freestyle 3 Freestyle 4	Female 15-17 Years Female 17-19 Years	Event 15 Event 16
1:26pm	Freestyle 4 Freestyle 4 Freestyle 4	Female 7 Years Female 9 Years Female 10 Years	Event 17 Event 18 Event 19
2:01pm	Freestyle 4 Freestyle 4 Freestyle 4	Female 11 Years Male 12 Years Female 12 Years	Event 20 Event 21 Event 22
2:45pm	<i>PRACTICE</i>		
3:15pm	<i>RESURFACE</i>		
3:30pm	Freestyle 4 Freestyle 4	Female 13 Years Female 13 Years	Event 23 Event 24
4:05pm	Freestyle 4	Female 14-16 Years	Event 25

4:28pm	Freestyle 5 Freestyle 5	Female 7-9 Years Female 10-12 Years	Event 26 Event 27
5:03pm	Freestyle 5 Freestyle 5	Female 13-14 Years Female 15-16 Years	Event 28 Event 29
5:41pm	<i>RESURFACE</i>		
6:10pm	Freestyle 6 Freestyle 6	Female 9 Years Female 12-14 Years	Event 30 Event 31
6:45pm	Freestyle 6 Freestyle 6 Freestyle 7 Freestyle 8	Male 16 Years Female 15-17 Years Female 11 Years Female 9 Years	Event 32 Event 33 Event 34 Event 35

#### **TEAM PRACTICES**

7:00pm	Flurries	Sync. Form. Jr. Youth	Great Neck
7:10pm	Icicles	Sync. Skate Youth	Great Neck
7:20pm	Shooting Starl.	Sync. Skate Youth	Nashoba
7:30pm	Golden Gliders	Sync. Form. Youth	Essex HC
7:40pm	Ice Devils	Sync. Form. Youth	Freeport
7:50pm	Vixens	Sync. Form. Sr. Youth	Essex HC
8:00pm	Ice Devils	Sync. Skate Sr. Youth	Freeport
8:10pm	Shooting Stars	Sync. Skate Teen	Nashoba
8:20pm	Icettes	Sync. Skate Teen	Great Neck
8:30pm	Grease	Production	Great Neck
8:40pm	High School M.	Production	Great Neck
8:50pm	Polar Express	Production	Freeport
9:00pm	EHC Express	Production Extr.	Essex HC
9:10pm	Sat. Night Fvr.	Ensemble	Freeport
9:20pm	END		

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#### SATURDAY JANUARY 17, 2009 PUBLISHED JAN. 10, 2009

8:15am	PRACTICE			4:14pm	Solo Comp. 1	Female 6-8 Years	Event 66
8:45am	RESURFACE				Solo Comp. 1	Female 9-10 Years	Event 67
9:00am	Artistic FS1	Female 7-9 Years	Event 36	4:30pm	Solo Comp. 1	Female 11-14 Years	Event 68
	Artistic FS1	Female 10-11 Years	Event 37		Solo Comp. 1	Female 18 Years	Event 69
9:40am	Artistic FS1	Female 12-14 Years	Event 38	4:50pm	Solo Comp. 2	Female 7-9 Years	Event 70
	Artistic FS2	Female 9-11 Years	Event 39		Solo Comp. 2	Female 10-11 Years	Event 71
10:02am	Artistic FS2-3	Female 15-17 Years	Event 40		Solo Comp. 2	Female 15 Years	Event 72
	Artistic FS3	Female 10-12 Years	Event 41		Solo Comp. 2	Male Adult	Event 73
	Artistic FS3	Female 13-14 Years	Event 42	5:05pm	Solo Comp. 3	Female 6 Years	Event 74
10:40am	PRACTICE				Solo Comp. 3	Female 9-10 Years	Event 75
11:10am	RESURFACE				Solo Comp. 3	Female 11-13 Years	Event 76
11:25am	Artistic FS4	Female 10 Years	Event 43		Solo Comp. 3	Female 17 Years	Event 77
	Artistic FS4	Female 11 Years	Event 44	5:30pm	Solo Comp. 5	Female 7-10 Years	Event 78
11:55am	Artistic FS4	Female 12 Years	Event 45		Solo Comp. 5	Female 11-12 Years	Event 79
	Artistic FS4	Female 13 Years	Event 46		Solo Comp. 5	Female 13-15 Years	Event 80
12:25pm	Artistic FS4	Female 14-17 Years	Event 47	6:13pm	Solo Comp. 6	Female 10-12 Years	Event 81
12:45pm	Artistic FS5	Female 9-10 Years	Event 48		Solo Comp. 6	Female 14-17 Years	Event 82
	Artistic FS5	Female 13-14 Years	Event 49		Solo Comp. 7	Female 11 Years	Event 83
1:10pm	Artistic FS5	Female 15-16 Years	Event 50		Solo Comp. 7	Female 17 Years	Event 84
	Artistic FS6	Female 10 Years	Event 51		Solo Comp. 9	Female 17 Years	Event 85
	Artistic FS6	Female 12-13 Years	Event 52	6:40pm	RESURFACE		
2:03pm	Artistic FS6	Female 14-17 Years	Event 53	6:55pm	Ensemble	Teen	Event 86
	Artistic FS7	Female 16-17 Years	Event 54	7:15pm	Team Comp. 1	Youth	Event 87
2:25pm	Artistic FS6-7	Female 23-24 Years	Event 55		Team Comp. 2	Youth	Event 88
	Artistic FS8-9	Female 15-18 Years	Event 56		Team Comp. 4	Youth	Event 89
2:40pm	Solo Dance 2	Female 9-14 Years	Event 57		Team Comp. 5	Youth	Event 90
	Solo Dance 4	Female 12-16 Years	Event 58	7:35pm	Team Comp. 6	Youth	Event 91
	Sim. Dance 4	Female 7-10 Years	Event 59		Team Comp. 7	Youth	Event 92
3:18pm	Solo Dance 5	Female 11 Years	Event 60		Team Comp. 8	Teen	Event 93
	Solo Dance 6	Female 17 Years	Event 61	8:02pm	Sync. Frm.	Jr. Yth & Yth	Evts 94 & 95
	Solo Dance 7	Female 17 Years	Event 62	8:21pm	Sync. Form.	Sr. Youth	Event 96
3:30pm	Couples 4	Female 12-14 Years	Event 63	8:28pm	Sync. Skate	Yth & Sr. Yth	Events 97 & 98
3:455pm	RESURFACE			8:46pm	Sync. Skate	Teen	Event 99
4:00pm	Figures 1	Female 6 Years	Event 64	8:58pm	Production Teams	Events 100 & 101	
	Figures 1	Female 9 Years	Event 65	9:28pm	Extravaganza Production	Event 102	
				<b>9:45pm</b>	<b>ALL TEAM AWARDS</b>		
				<b>10:00PM</b>	<b>FINAL TEAM STANDINGS AWARDS</b>		

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**COMPETITION SCHEDULE FOR 1980 RINK SIDE B**  
**SATURDAY JANUARY 17, 2009 PUBLISHED JAN. 10, 2009**

3:15pm	Solo Comp. Tot 2	3 Years	Event 234
	Solo Comp. Tot 4	5 Years	Event 235
	Solo Comp. Pre Alpha	5-6 Years	Event 236
	Solo Comp. Alpha	5-6 Years	Event 237
3:33pm	Solo Comp. Alpha	7-8 Years	Event 238
	Solo Comp. Alpha	7-8 Years	Event 239
3:48pm	Solo Comp. Alpha	9-11 Years	Event 240
	Solo Comp. Alpha	15 Years	Event 241
	Solo Comp. Beta	8-10 Years	Event 242
	Solo Comp. Gamma	8-10 Years	Event 243
4:04pm	Solo Comp. Delta	7-8 Years	Event 244
	Solo Comp. Delta	9-10 Years	Event 245
	Solo Comp. Delta	11 Years	Event 246
	Solo Comp. Delta	Adult	Event 247
4:25pm	Solo Comp. FS4	7 Years	Event 248
	Solo Comp. FS4	9-10 Years	Event 249
	Solo Comp. FS4	11-12 Years	Event 250
4:52pm	Solo Comp. FS4	13-14 Years	Event 251
	Solo Comp. FS4	16 Years	Event 252
5:10pm	END		

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### CHAMPIONSHIPS

#### COMPETITION SCHEDULE FOR USA RINK

#### FRIDAY JANUARY 16, 2009 PUBLISHED JAN. 10, 2009

8:00am	Tot 2 Tot 4 Pre Alpha Pre Alpha Pre Alpha	Female 3 Years Female 5 Years Female 5 Years Female 6-7 Years Female 14 Years	Event 103 Event 104 Event 105 Event 106 Event 107	2:18pm	Interp. FS5-FS6 Female 7-10 Years Interp. FS5-FS6 Female 12-13 Years Interp. FS5-FS6 Female 14-15 Years Interp. FS6 Female 23 Years Interp. FS8 Female 9 Years	Event 141 Event 142 Event 143 Event 144 Event 145
8:25am	Alpha Alpha Alpha Alpha	Female 5-6 Years Female 7 Years Female 7 Years Male 6 Years	Event 108 Event 109 Event 110 Event 111	2:53pm	Interpretive Couples FS4-FS7	Event 146
8:50am	Alpha Alpha Alpha	Female 8-9 Years Female 10-11 Years Female 15 Years	Event 112 Event 113 Event 114	3:23pm	Interpretive Couples Alpha-FS3	Event 147
9:13am	Beta Beta Gamma	Female 7-8 Years Female 9-11 Years Female 8-10 Years	Event 115 Event 116 Event 117	3:46pm	Stroking Tot4 Female 5 Years Stroking Pre Alpha Female 5 Years Stroking Pre Alpha Mixed 6-7 Years Stroking Alpha Mixed 5-6 Years	Event 148 Event 149 Event 150 Event 151
9:36am	Delta Delta Delta	Female 7 Years Female 8 Years Female 9 Years	Event 118 Event 119 Event 120	4:06pm	Stroking Alpha Female 7 Years Stroking Alpha Female 8-9 Years Stroking Alpha Female 10-11 Years Stroking Alpha Female 15 Years	Event 152 Event 153 Event 154 Event 155
10:01am	Delta Delta	Female 10-11 Years Female Adult	Event 121 Event 122	4:20pm	RESURFACE	
10:25am	PRACTICE			4:39pm	Stroking Beta Female 8-10 Years Stroking Gamma Female 8-10 Years	Event 156 Event 157
10:55am	PRACTICE			4:50pm	Stroking Delta Female 7 Years Stroking Delta Female 8-9 Years Stroking Delta Female 10-11 Years Stroking Delta Female Adult	Event 158 Event 159 Event 160 Event 161
11:25am	RESURFACE			5:08pm	Stroking FS1 Female 6-8 Years Stroking FS1 Female 9-10 Years Stroking FS1 Female 11-12 Years	Event 162 Event 163 Event 164
11:40am	Interp. FS4 Interp. FS4	Female 7-9 Years Female 10-12 Years	Event 123 Event 124	5:25pm	Stroking FS1-FS2 Female 15 Years Stroking FS2 Female 9-11 Years	Event 165 Event 166
12:05pm	Interp. FS4 Interp. FS4	Female 13-14 Years Female 16-17 Years	Event 125 Event 126	5:41pm	Stroking FS3 Female 6 Years Stroking FS3 Female 9-10 Years Stroking FS3 Female 11-13 Years	Event 167 Event 168 Event 169
12:30pm	Interp. Pre Alpha Interp. Alpha Interp. Alpha Interp. Beta-Gamma Interp. Delta Interp. Delta	Female 5 Years Female 5-7 Years Female 8-10 Years Female 10 Years Female 7-8 Years Female 9-10 Years	Event 127 Event 128 Event 129 Event 130 Event 131 Event 132	6:00pm	Stroking FS3-FS4 Female 16-17 Years Stroking FS4 Female 7-9 Years Stroking FS4 Female 10-12 Years Stroking FS4 Female 13 Years	Event 170 Event 171 Event 172 Event 173
1:04pm	Interp. Delta Interp. FS1 Interp. FS1	Female Adult Female 7-9 Years Female 10-12 Years	Event 133 Event 134 Event 135	6:21pm	Stroking FS5 Female 7-11 Years Stroking FS5 Female 13-16 Years Stroking FS6-FS7 Female 10-12 Years Stroking FS6-FS7 Mixed 16-17 Years	Event 174 Event 175 Event 176 Event 177
1:34pm	Interp. FS2 Interp. FS2	Female 7-9 Years Female 10-12 Years	Event 136 Event 137	6:30pm	END	
1:48pm	Interp. FS3 Interp. FS3 Interp. FS3	Female 6-7 Years Female 9-10 Years Female 11-13 Years	Event 138 Event 139 Event 140			

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#### COMPETITION SCHEDULE FOR USA RINK

#### SATURDAY JANUARY 17, 2009 PUBLISHED JAN. 10, 2009

8:00am	Couples Spot. Low Female 7-10 Years	Event 178				
	Family Spotlight	Event 179				
8:14am	Couples Spot. Med.	Event 180				
8:35am	Couples Spot. High	Event 181				
9:00am	Spotlight Alpha Female 7-8 Years	Event 182				
	Spotlight Alpha Female 10 Years	Event 183				
	Spotlight Alpha Female 15 Years	Event 184				
	Spotlight Delta Female 7-8 Years	Event 185				
	Spotlight Delta Female Adult	Event 186				
9:20am	Spotlight FS3 Female 7-9 Years	Event 187				
	Spotlight FS3 Female 10-11 Years	Event 188				
	Spotlight FS4 Female 7-9 Years	Event 189				
	Spotlight FS4 Female 10-11 Years	Event 190				
	Spotlight FS4 Female 12-14 Years	Event 191				
10:05am	Spotlight FS4 Female 19 Years	Event 192				
	Spotlight FS5 Female 7 Years	Event 193				
	Spotlight FS5 Female 11 Years	Event 194				
	Spotlight FS6 Female 16 Years	Event 195				
10:35am	Spotlight FS1 Female 6-8 Years	Event 196				
	Spotlight FS1 Mixed 9-10 Years	Event 197				
10:58am	Spotlight FS2 Female 7-9 Years	Event 198				
	Spotlight FS2 Female 10-12 Years	Event 199				
11:15am	RESURFACE					
11:25am	Spin Comp. FS3 Female 6 Years	Event 200				
	Spin Comp. FS4 Female 13 Years	Event 201				
	Spin Comp. FS5-FS6 Female 13 Yrs.	Event 202				
	Spin Comp. FS5 Female 15-16 Yrs	Event 203				
11:50am	Rhythmic Skate 1 Female 9 Years	Event 204				
	Rhythmic Skate 2 Female 9 Years	Event 205				
	Rhythmic Skate 3 Female 13 Years	Event 206				
	Rhythmic Skate 5 Female 15 Years	Event 207				
12:05pm	Hockey Test 1 Male 9 Years	Event 208				
	Hockey Test 2 Female 7 Years	Event 209				
	Hockey Test 3 Male 11 Years	Event 210				
	Hockey Skating Mixed 7 Years	Event 211				
	Hockey Skating Mixed 11-12 Years	Event 212				
	Puck Handling/Shooting Mixed 7 Years	Event 213				
	Puck Handling/Shooting Male 11 Years	Event 214				
12:30pm	Footwork 5 Female 10-13 Years	Event 215				
	Footwork 5 Female 14-16 Years	Event 216				
	Footwork 6 Female 9 Years	Event 217				
12:55pm	Footwork 1 Female 7-8 Years	Event 218				
	Footwork 1 Female 10-11 Years	Event 219				
	Footwork 1 Female 15 Years	Event 220				
	Footwork 2 Female 10-11 Years	Event 221				
1:20pm	Footwork 3 Female 10-13 Years	Event 222				
	Footwork 4 Female 7-9 Years	Event 223				
	Footwork 4 Female 10-12 Years	Event 224				
1:50pm	Footwork 4 Female 13-14 Years	Event 225				
2:05pm	Jump & Spin Low	Event 226				
2:15pm	Jump & Spin Low	Event 227				
2:25pm	Jump & Spin Med.	Event 228				
2:30pm	Jump & Spin Med.	Event 229				
2:45pm	Jump & Spin Intermediate	Event 230				
3:00pm	Jump & Spin Intermediate	Event 231				
3:05pm	Jump & Spin High	Event 232				
3:15pm	Sit Spin	Event 233				
3:30pm	END					

# ISI | 2009 LAKE PLACID CHAMPIONSHIPS

## PRACTICE ICE SCHEDULE

Published Jan 10, 2009

Admission for each 30 minute session is \$12.00 payable in cash only please. Skaters may register for these sessions beginning on Thursday afternoon after 3:00pm. Registration by e-mail, mail, or phone will not be accepted.

Official Practice Ice for Team Events is on Friday evening starting at 7:00pm. Please see the 1980 Rink Schedule for your assigned time. Thank you!

Practice Ice times are approximate. Please be ready to practice 30 minutes before scheduled time.

### USA RINK

#### THURSDAY JANUARY 15, 2009

5:30pm – 6:00pm

6:00pm – 6:30pm

6:30pm – 7:00pm

#### FRIDAY JANUARY 16, 2009

10:25am – 10:55am

10:55am – 11:25am

### 1980 RINK

#### THURSDAY, JANUARY 15, 2009

5:00pm – 5:30pm

5:30pm – 6:00pm

6:00pm – RESURFACE

6:15pm – 6:45pm

6:45pm – 7:15pm

#### FRIDAY JANUARY 16, 2009

8:15am – 8:45am

11:20am – 11:50am

2:45pm – 3:15pm

#### SATURDAY JANUARY 17, 2009

8:15am – 8:45am

10:40am – 11:10am